



Avalon Dragons' Mission, Vision and Values

Mission

"Avalon Dragons support and encourage all breast cancer survivors to live healthy, active lives through the sport of dragon boating. We promote and participate in dragon boating locally and beyond."

Vision

"A thriving, inspiring, empowering breast cancer dragon boating community"

Values

Value	Definition
Health	Avalon Dragon Boat members value and promote physical, mental, emotional, social and spiritual health to support living full, satisfying, productive lives.
Community	Avalon Dragon Boat members are proud to belong to a fun, diverse, accepting, inclusive community that is local, national and global.
Support	Avalon Dragon Boat members provide encouragement and mentorship to each other, often rising above their own circumstance to support each other.
Friendship	Avalon Dragon Boat members share a unique bond that nurtures positive relationships with their peers marked by empathy, compassion, fun and loyalty.
Respect	Avalon Dragon Boat members display a positive regard for their fellow members' abilities, perspectives, opinions, life experiences, and contributions.
Safety	Avalon Dragon Boat members strive to ensure all members participating in Dragon Boating in a manner that keeps them free from risk, danger and injury through safety training and protective equipment. We hold each other accountable for maintaining a safe environment.
Continuous Improvement	Avalon Dragon Boat members strive for continuous self-improvement through challenging themselves and each other to achieve more. The organization is committed to advancement to actualize their vision of a



Avalon Dragons' Mission, Vision and Values

	thriving, inspiring, empowering breast cancer dragon boating community.
--	---

Approved 2025